



Adverse natal outcomes escalate with increasing maternal obesity. Almost one in four Australian adult females are obese when they conceive.

Are your patients aware of the risks?

Risking 2 Lives: Obesity in Pregnancy

This seminar investigates the implications of maternal obesity for both mother and baby, including current research on infertility, systemic inflammation, metabolic syndrome, methylation and epigenetics. Experienced naturopath, Teneille Newton will present underlying causes and effective treatment strategies for maternal obesity. Apply these intrinsic concepts into your clinical practice for successful results.

Topics will include:

- The impact of obesity on fertility
- Promoting effective fat loss prior to conception
- The importance of weight management before, during and after pregnancy
- Minimising maternal and foetal risks
- Addressing gestational diabetes, hypertension, inflammation and metabolic syndrome
- Effectively motivate behaviour change with patients

Teneille Newton (Grad Dip HProm, BHSc, ND) is a degree qualified naturopath with extensive knowledge and over 10 years experience in complementary medicine. She is passionate about the management of current epidemics of obesity and diabetes in Australia.





Risking 2 Lives: Obesity in Pregnancy with Teneille Newton

Yes! Please register me for Eagle's Risking 2 Lives: Obesity in Pregnancy Teleseminar at 7:30pm (EST) Tuesday 28 September 2010

To book, simply complete this form and send it back to Integria Healthcare. Seminar notes and instructions will be sent to you in advance by email/post. You will be called on your nominated phone number just before the start time. The presentation will run for 45 minutes with an additional 15 minutes of question time at the end. Book now to secure your spot, as numbers are limited. Cost includes seminar manual of all powerpoint slides.

Name _____

Clinic Name _____ Phone _____

Address _____ Postcode _____

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Total amount for teleseminar at \$45 (Practitioner) or \$35 (Student) inc GST \$ _____

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Fax 1300 262 388 or to register call Toll Free 1300 233 373 or email seminars@eaglenaturalhealth.com.au

